

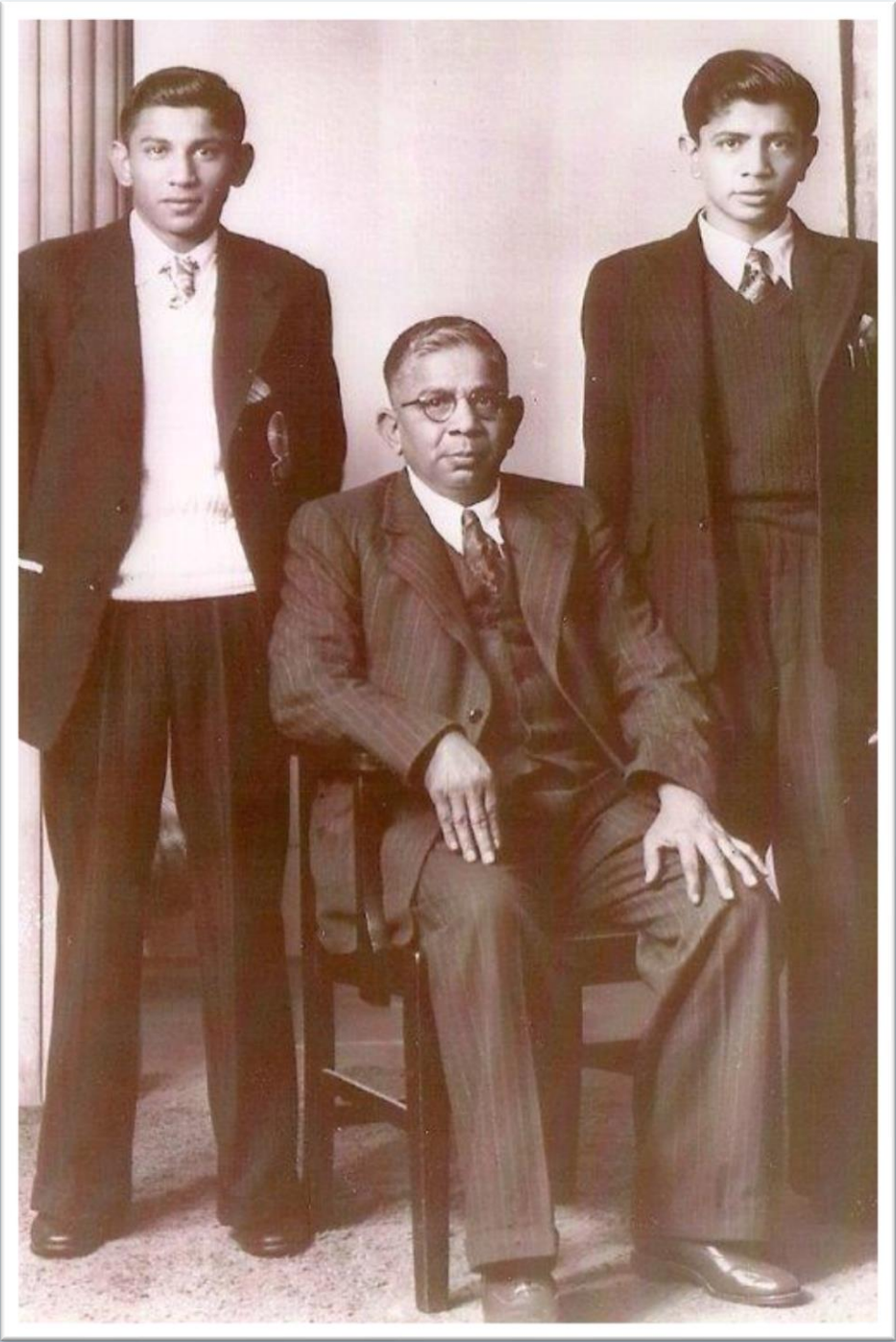


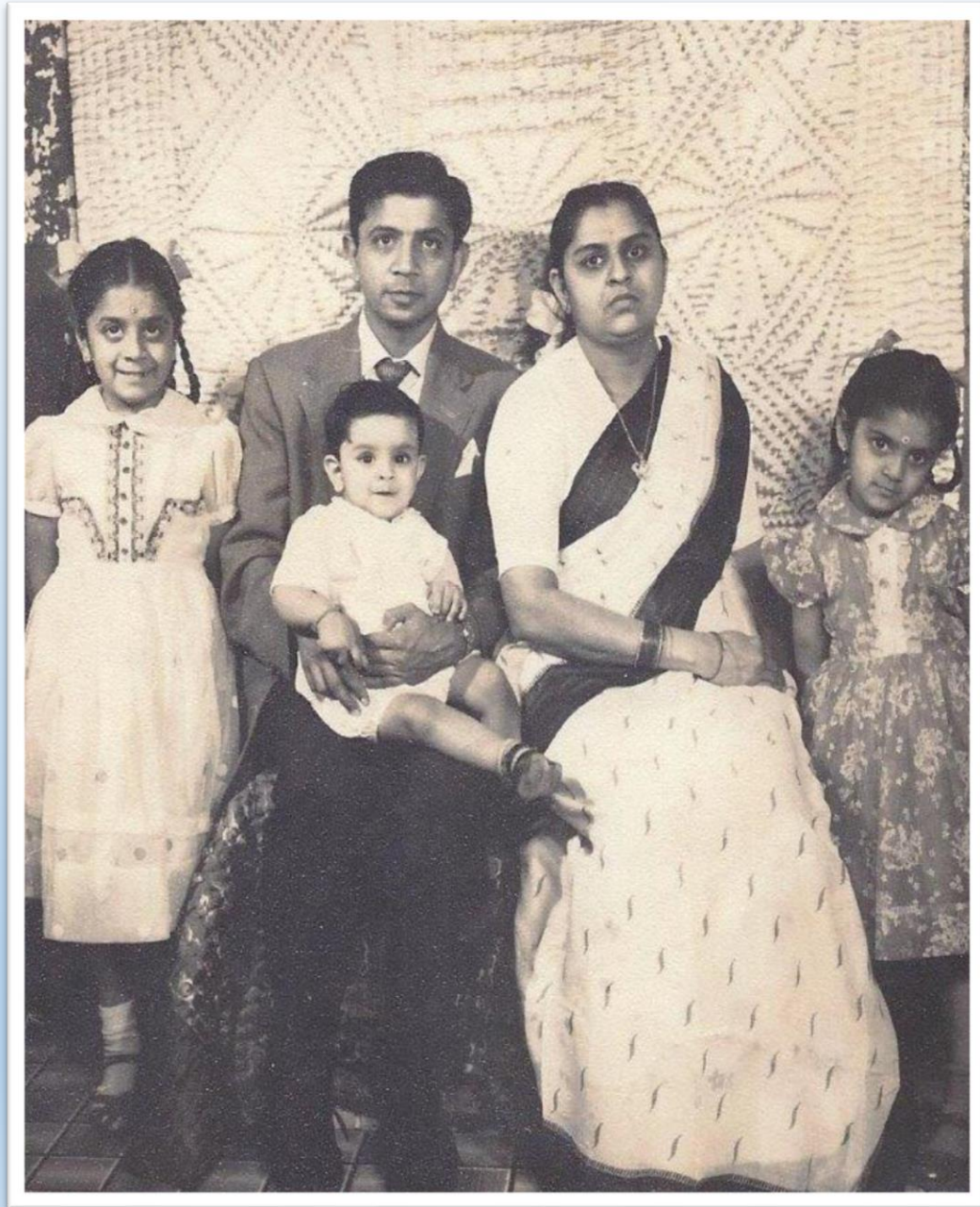
# National Conference 2019

Ranjna Patel, ONZM, QSM, JP

All these people really seem to have it together,  
and I still have no idea what's going on.





















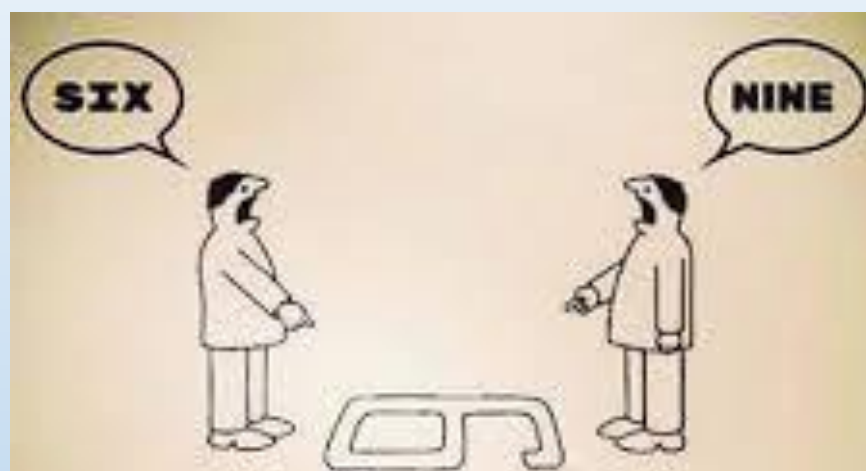












Just because you are right,  
does not mean, I am wrong.  
You just haven't seen life  
from my side.



# The Evolution of the Company



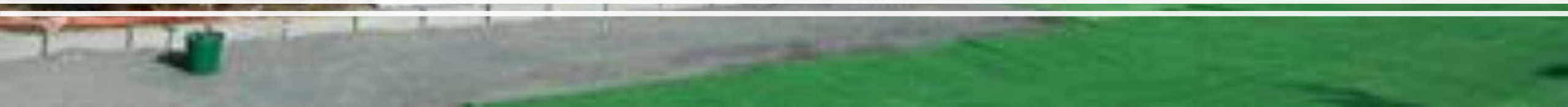
**Tāmaki  
Health** ✓

Temple and  
Community  
Centre





Temple and Community Centre





Temple and Community Centre



**The Gandhi Nivas logo features the lotus flower, a symbol of growth over adversity, because it finds its way out of its difficult, muddy roots to rise up and blossom.**

**Gandhi Nivas symbolises a home of peace. It takes its name from Gandhi – a man of peace and Nivas meaning home**

# Restoring hope. Empowering change

Gandhi Nivas supports men to change their behaviour, reducing the likelihood of further family harm and increasing safety for families.

Men are referred to Gandhi Nivas by police and have either been issued with a Police Safety Order, or are involved in police matters related to family harm.



It offers free counselling, emergency housing, and referral to social services and more than 2000 families of 19 ethnicities have been helped.

# FAMILY VIOLENCE

### THE PROBLEM

Here's what we know...

**2013 DATA**

- 4/4 deaths from Family Violence were South Asian
- Exotic & Māori: Police are called to a FV incident
- Breaches of Police Safety Orders (PSO) by men:
  - South Asian - 45%
  - Pacific Island - 34%
  - Māori - 25%

And, we know...

**IMPACT OF FV**

**LONG TERM EFFECTS**

- HEALTH: emotional, mental, physical
- SOCIAL
- EDUCATION
- EMPLOYMENT
- HOUSING
- NORMALISES VIOLENCE AS A RESPONSE, CREATING AN INTERGENERATIONAL CYCLE

**COUNTIES MANUKAU POLICE SOUTH ASIAN ADVISORY BOARD**

### ANALYSIS & STEPS TAKEN

They all do amazing work, but...

There's little help with early intervention & counselling

### NEEDS!

- ★ REDUCE RISK FOR ALL FAMILY MEMBERS
- ★ KEEP INDIVIDUALS SAFE
- ★ CHANGE BEHAVIOUR THROUGH COUNSELLING SERVICES
- ★ REGAIN SELF RESPECT
- ★ EARLY INTERVENTION & SUPPORT
- ★ EDUCATE ABOUT THE IMPACTS OF FV & BUILD READINESS FOR CHANGE
- ★ REDUCE REPEAT OFFENDING
- ★ COST EFFECTIVENESS
- ★ COMMUNITY BUY-IN
- ★ EVIDENCE BASED APPROACHES

**IDENTIFY CONTRIBUTING FACTORS & TRIGGERS**

- Alcohol
- Drugs
- Anger
- Economics
- Housing
- Employment
- Family Dynamics
- Cultural
- Counselling availability / timing

**BRING TOGETHER FV PROVIDERS & POLICE**

- Safe Man, Safe Family - Vic Tamati

**MEET WITH MENS ORGANISATION**

- Womens Refuge
- Friendship House
- Faithma Foundation
- Sikh Womens
- Shakti
- Family first
- Schaafja

**UNDERSTAND THE PROBLEM & ISSUES**

- Completed FV course at MIT

**FV RESPONSE**

## Gandhi Nivas

Serving our families

### THE SOLUTION

**GANDHI** man of peace

**NIVAS** home

- Accommodating 12 people, with sleeping facilities & basic pantry
- Secure & open 24/7
- On site social worker
- Counselling / meeting room
- 5 day maximum stay

### OBJECTIVE

to provide early intervention & prevention services to people identified as at risk of committing family violence in order to help them change their behaviour, reduce the likelihood of family violence & increase safety for families.

Putting the victim first by ensuring they stay in their own home

### REFERRAL PROCESS

- Enquiry call from Police (eligibility & availability)
- Police bring client to Gandhi Nivas & fill out referral form
- Client checks in & receives orientation. House rules are explained
- Needs assessment is completed
- A counselling appointment is set & there is coordination with the counsellor
- Assessment/ referral depending on needs of circumstances - WNZ; Dochr; CRF; CV Support; budgeting; Safe Man, Safe Families; etc
- Client's family are contacted at home & offered counselling & support

**ASSISTANCE** depending on individual needs & circumstances

**COUNSELLING** family / whānau counselling

**PARTNERSHIP** = Community, public & private - Shared responsibility & funding model

**FUTURE** ongoing mens support group SAFE MAN, SAFE FAMILY

### INITIAL RESULTS

Gandhi Nivas was originally established for South Asian men. With ongoing need from all communities, we took action to increase Police awareness of services.

- All officers were instructed to walk through the house

Here's what we do

New recruit visit the house during orientation

From July 2015, police referrals increased & all ethnicities were involved

### 12 MONTH EVALUATION

MISSETT UNIVERSITY STUDY  
[DEC 2014 - DEC 2015]

**103 MEN**

**INTAKE - - - - - OUTCOMES**

**POLICE RECORD**

- 97% had Police records of them, 60% had no record of FV but other offences indicating or associated with FV - eg: alcohol, trespass, sexual or failing to appear in court

**FV OFFENCES**

- 12 months prior to intake; 16 men committed 33 offences
- after intervention; 7 committed 14 offences
- A decrease of 57.6%

**AVERAGE NUMBER OF OFFENCES**

- Across all years prior to intake, the average / year = 2.26
- Post intake, the average = 2
- A decrease of 11.1%

**INTERVENTION**

- 98% of men referred to Gandhi Nivas had intervention within 24 hours.

**93% of clients have not been involved in another FV incident, even though 32% had FV offences before or at the time of intake.**

**EARLY INTERVENTION IS REDUCING OFFENDING**

# *My strength - My attitude*

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## Attitude is everything

- The **CAN DO** attitude
- You **CAN DO** everything , if its important enough for you to do
- You **CAN DO** everything, but you may not be the best at everything
- You **CAN DO** everything, but there will be limitations
- You **CAN DO** everything ,but you may need help

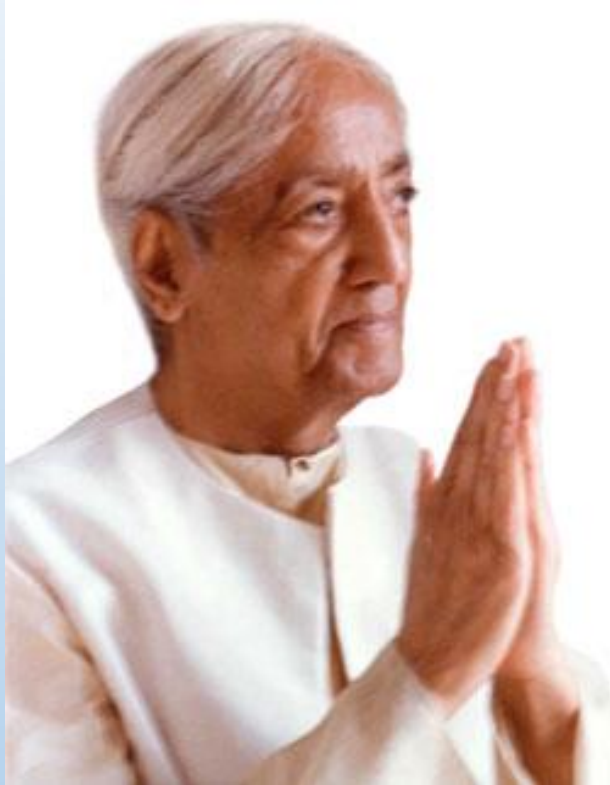


# Support system

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Are you **listening**,  
not merely with your **ears**,  
but with a mind that really **wishes**  
**to understand**,  
if that is the state of your mind,  
then I think we have  
**communicated** with each other,  
otherwise you will be left with a  
lot of words.